

Introduction to Reminiscence and Life Story Work

QCF level 2 2 Credits

This 2 day course covers:

- The benefits of reminiscence work
- The risks involved in reminiscence work
- Ethical issues involved in reminiscence work
- Guidance for planning for reminiscence work
- The use of multisensory triggers
- Preparation for and delivery of a short term reminiscence exercise (to be undertaken during the 5 – 6 week break between day 1 and 2 of the course)
- Adapting reminiscence activities to meet different disabilities
- Assessment for OCN/QCF level 2 certificate

The course aims to give participants the knowledge, skills and confidence to deliver purposeful reminiscence work with individuals, couples and small groups.

The first day of training provides an overview of reminiscence work and introduces the basics in relation to planning and structuring reminiscence activity. Day one also covers the use of multi sensory triggers and producing practice plans.

Practice Work

Between the first and second days training, participants are tasked with planning and delivering a small piece of reminiscence work with either an individual, couple or small group. Following this, participants will complete a two page Trainee Practice Report that will help them reflect on their recent facilitation which they will bring along to the second day of training.

Assessment Booklet/Evidence Portfolio

Participants will also complete an OCN Assessment Booklet as a record of evidence mapped against the learning outcomes and assessment criteria. This booklet will be handed in on day two of the course and signed and dated by the assessor.